

Consolidation Test Answer Sheet



1. What is the difference between a learning disability and a learning difficulty?

Key words: General intellect/Daily Tasks/Academic ability

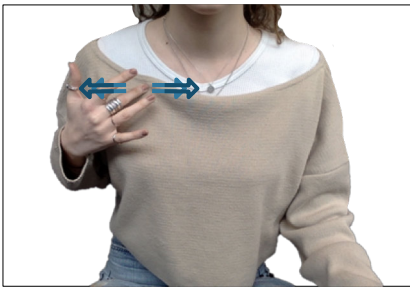
Learning difficulty doesn't affect **general intellect** and ability to complete **daily tasks** but it doesn't make **academic ability** challenging.

2. What does it mean if you see someone wearing a green lanyard with sunflowers on it?

Key words: Hidden disability/Need more support/Need more time

Worn by those with **hidden disabilities** to indicate to others they might **need a little more time or support** than neurologically typical people.

3. Sign "Toilet". If you aren't taking this test with someone then write a clear description of the sign.



Right Handed:

Right hand **middle finger** under your right collarbone and **rub side to side** with your **other fingers stretched out*** and away from body.

*Any other kind of indication that it is not just your middle finger on show.

4. Sign "Help". If you aren't taking this test with someone then write a clear description of the sign.



Right Handed:

Right hand, **thumb up**, on **left hand palm** and both hands **move up** about 30cm together.

5. How can you tell if someone is lip reading, and if they are how can you help them?

Key words: Ask/Clear expressions/face them/slow down

If you think someone is lip reading you can usually tell by if they are **looking at your mouth** but if you are unsure then just **ask**. Make sure to be **clear with your words**, **slow down** and **face them directly** when you are talking if they are lip reading.

6. What is the easiest and most common way to guide a blind person?

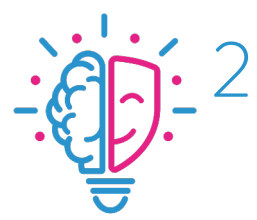
Address the person using **your name**, **ask** if you can guide them, let them hold on to **your elbow**, find their **pace**, don't hold your elbow too close to your body as it will be uncomfortable for them to hold, **talk** to them about your surroundings- let them know what is going on.

7. What are the keys things you should tell a blind person when leading them on stairs?

Stairs going **up or down**? Stairs **regular or irregular** in size, width, distance to each other? Is there a **hand rail**? When you reach the **last step**.

Consolidation Test

Answer Sheet



ACT RIGHT
THOUGHTFUL THEATRE

8. How is the best way to take someone to the toilet when guiding them?

First, **ask** them if they wish to be guided, take them to the **entrance to the toilets and tell them where the cubicles are** ("there is no queue and the first cubical is straight ahead through the door and the sink to wash your hands is to the right of the cubical. I will wait out here"). **Ask them if they would like you to take them into the toilet to show them first.**

9. What is the anagram to help you remember what to do when helping someone having a panic attack and what does it stand for?

S.P.A.C.E

Stay, Position, Airways, Chat, Environment.

10. What does "E" in S.P.A.C.E remind you to do?

Environment- **Make them aware of the present and distract them from their state of panic by bringing them back into focus.** Talk to them about where they are, your name, repeating their name etc.

11.

If the person is complaining of **squeezing sensation and pressure around the chest** that won't go away. If symptoms **last for 30 minutes with no improvement.** If the person as never had a panic attack before and the attack started with chest pain.

12. List 6 key language communication tactics.

1. Maintain eye contact.
2. Speak slowly.
3. Use gestures and body language to help you.
4. Consider which way you are facing.
5. Include them in jokes/banter.
6. Tap or wave to get their attention.

Others: Don't exaggerate speech movements

Don't give up

Make sure face is well lit

Go somewhere quiet, if possible.

13. What do the following descriptions and uses of guide canes tell you about the user?

Long cane being tapped or rolled in front of the user: Person is blind or has very little sight

Short cane being held vertically by the user: Certain degree of sight loss but not blind, or when being guided.

Red and white banded cane: Indicates both sight and hearing loss of the user.

14. What it is important to ask if you are looking after someone guide dog?

Check **how they want the dog to be treated.** Do they want the dog **"to remain on duty"**? Can you take its vest off if the answer is no. Can be very confusing for the dog to go into "play mode" when still wearing its vest or to have to switch between play and work suddenly so the **owner will know whats best for the dog- they aren't being cruel if they want the dog to stay in work mode for the performance.**